Years 9 and 10 – Home Learning Routine



(this is a suggested routine which students may wish to follow, it may be less or more on any given day depending on circumstance)

*Wellbeing - Return to the PiXL 100 boards from Easter. Pick two from the wellbeing / kindness board to try today

Ensure you keep to a routine Get up at the same time each day - Pretend you are going to school (try not to stay in your pj's!) Have a healthy breakfast Choose a workspace that is comfortable and has minimum distractions Stay active - Do something to help keep your mind and body well. Be active for at least 30 minutes, e.g. Take part in a Joe wicks PE lesson. Get son fresh air if you can (though always follow social distancing advice). 9:45 - 10:30 10:30 - English Online Learning (1) 11:15 - 11:45 11:45 - 11:45 - 12:30 - 12:30 - 10:00 10:30 - Learning (1) 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 12:30 - 10:00 11:45 - 10:00 11:	arning (4)
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	the lunch
1:30pm yourself and offer to make lunch for others at home.	
1:30 - Recall!	
1:45pm Attempt to recall all you have learned today on one sheet of A4. Try different ways of displaying this:	
10 Facts - 6 diagrams - A story with all the facts included - 10 questions (and answers) - a Mind Map	
1:45 – Art Online Learning Food Online Learning Art Online Learning Food Online Learning Tutor / PSHEE / RE /	. 1
3:00 Photography Online Computing Online Learning Photography Online Computing Online Learning Wellbeing Activity	
Learning Dance Online Learning Learning Dance Online Learning Call/Video - Stay in con	ontact with
Childcare Online Learning Drama Online Learning Drama Online Learning Analysis Online Learning Drama Online Learning Analysis Online Learning Drama Online Learning Analysis Online Learning Drama Online Learning	
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you have completed.	
After Ensure you keep to a routine	
Help – Offer to help around the home.	
Read – Read every day. Read a book from home, a book from school. Read a newspaper, magazine, blog, or read to someone else. Relax – Do something you enjoy. Read a book, watch TV, play a computer game, FaceTime friends, complete some exercises or go for a walk (if not unwell) (though	h alwave
follow social distancing advice and government guidelines).	i aiways
Sleep – Go to bed at the same time each evening. Make sure you get enough sleep.	