

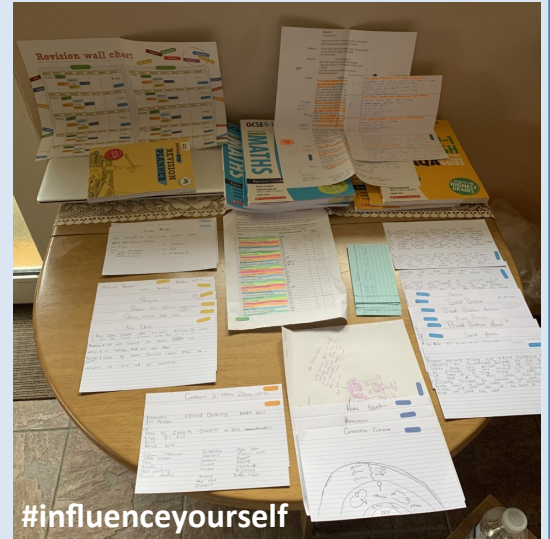
Warblington
School

Weekly Newsletter

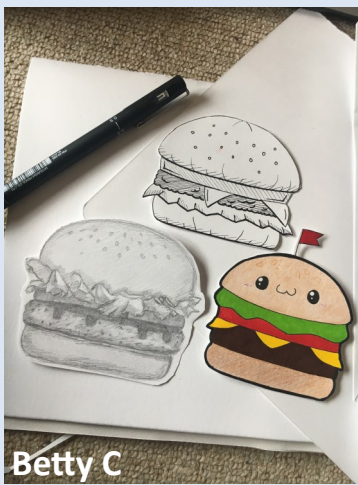
Issue 242: Friday 15th January 2021

Message from The Editor, Miss Barker

Our students are continuing with their home learning this week and that includes our Year 11 students. Here is a photo from one of our Year 11 students showing their revision and home learning. They hope this will inspire their year group to keep learning! This is a difficult year but you must keep studying and revising to prepare yourself for your PPEs when you come back to school and to ensure you get the grade you deserve overall. Before you know it you will be in college and looking to the future.



Amazing work and thank you for sharing this with us. Please continue to send in photos and information of what you have been up to at home during lockdown from school work to hobbies. We enjoy finding out what lockdown looks like for you.



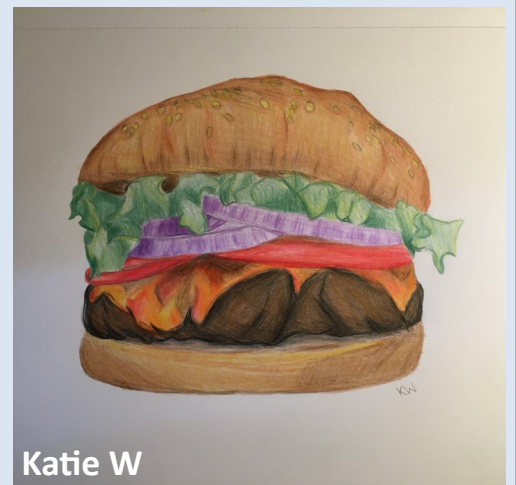
Betty C

Year 10 Art

Year 10 have been drawing burgers as part of their food and packaging project. Here are two excellent drawings from Betty C and Katie W.

Well done!

Mrs Phillips, Art



Katie W

Havant Borough Tree Wardens Newsletter - We Featured!



All of our hard work with the trees we received from the Woodland Trust has been recognised in the latest edition of the Havant Borough Tree Wardens Newsletter. The newsletter can be read on our website under 'Latest News'.

Well done to everyone involved!



First House Competition! - 'The Race to Tokyo'

Well done to everyone who has already submitted entries!
Here is a reminder of the competition and the current leader board.

Tokyo, where the 2021 Olympics is taking place, is around 6000 miles from Havant.

We are asking students and staff to record the distances **in miles** that they cover when walking, running or cycling using either on a smart phone or watch to verify their efforts.

Please send a picture of these details to contribute to your house to:

g.chaplin@warblingtonschool.co.uk

Each individual will receive 5 House Points for each daily effort which is submitted. All of these will contribute to the overall house cup at the end of the year.

It doesn't matter if your fast as lightening like Usain Bolt or can run for hours like Mo Farah. All that matters is that you keep yourself active, safe and healthy during this lockdown. Make sure



you follow Government guidelines when exercising outside. We are looking forward to see which house can make it to Tokyo first! **Mr Chaplin, PE**



The Race to Tokyo Leader Board

House	Mitchell	Norris	Paxton	Stowe
Miles Completed	33.8	45.6	165	0



LIVE Cook Along Lessons!

Coming soon to your kitchen, live cook along lessons with Mrs Wilkins! This will hopefully be available to all year groups but first up, KS4. More information will be put on ClassCharts by Mrs Wilkins for your class. Keep an eye out for more information!

School Website

A reminder that our school website address is www.warblingtonschool.co.uk
If you visit our website using a search engine, you may not arrive at our correct website.

Warblington Alumni

This is the first in a series of, 'Where are they now?', so if you have anything you would like to share about your experiences and memories of Warblington School please drop us an email - with pictures where possible as we would love to hear from you and will include you in our newsletter. Perhaps you are one of the faces in the picture below?

Where Are They Now?

Bernard Morgan recently got in touch with us after reading an article about the school in the local magazine. After a very nice chat with him we worked out that his intake was probably one of the first to enjoy the 'new' school block as he was with us from 1954 to 1958. In his day, one of his exam subjects was technical drawing and when he left school he did a five year apprenticeship as a draughtsman in the tool making industry, he continued in this field and started his own business in 1968 and this family run local business, GMT Limited precisions production engineers, are still going strong today.

Bernard enjoyed team sports while at Warblington and was a member of the hockey team. The photo to the right was taken in 1958. Bernard is second on the right (standing).

Bernard – we thank you for all your support of the school and which you and your family well.



Memorial Orchard

The first two trees for our Memorial Orchard have arrived and the flower beds are ready for planting strawberries and raspberry canes. Donations of raspberry canes would be very welcome!

Here is a picture created by Irina U Year 8 of our future Memorial Orchard.

Thank you!

Mrs Rason, Science





Year 9 Art

Here is an excellent example of a biro sketch produced by Ioana N in an online Art lesson.

Amazing work, well done Ioana!

Mr Whitlock, Art



How To Upload Your Work To ClassCharts



1. First, save the work with a specific name so you know what it is and where it is
2. Then, go onto ClassCharts and click on the piece of homework you want to submit
3. Scroll down until you see the words 'Upload Attachment'
4. Click on it
5. Search your folders until you see the work you want to submit
6. Double click and it should upload
7. You will know if it has uploaded because it will say so on your screen

Hope this explanation helps! Matthew J Year 9 Digital Leader

Solent Sexual Health Services

Solent Sexual Health Services are still available during lockdown to students should they need it. This is a non-judgemental and confidential service with access to emotional support, contraception and STI testing as well as other services. Visit the Solent NHS Let's Talk About It Website for more information, advice for students, parents/carers and professionals and links to local services.

www.letstalkaboutit.nhs.uk

Alphabet Workout from The Hampshire School Games

Logan-Jay J Year 7 has been taking part in the Hampshire School Games fitness challenges. Each day they offer a different challenge which we publish on our social media pages and on our website. 'Train It Thursday' involved the 'Alphabet Workout'. They attached an exercise to each letter and you would spell out a word and complete the exercise for each letter in that word. They supplied some sport related words or you could use your own.

Logan-Jay created his own workout by firstly completing his own warm up to stretch and warm up his muscles, then completed the challenge, followed by his own cool down.

Warm Up - 20 seconds of each exercise to warm up

Hops on the spot
Side to side hops
Hops on the spot
Single leg hops
Chest expansions
Arm circles
Alternate chest expansions
Arm circles
Torso rotations
Shoulder rotations

The Challenge

L – 30 Second wall sit
O – 30 Second raised leg hold
G – 20 Squats
A- 10 Sit ups
N – 20 Flutter kicks
J – 20 Leg raises
A – 10 Sit ups
Y – 10 Split squats
J – 20 Leg raises
E – 10 Burpees
F – 10 Press ups
F – 10 Press ups
E – 10 Burpees
Y – 10 Split squats

Cool Down - 10 seconds of each exercise to cool down

Shoulder stretch
Triceps stretch
Hip flexor stretch
Over head stretch
Chest stretch
Forward bend
Toe touch
Childs pose
Quad stretch
Cobra pose
Thigh hug



Well done Logan-Jay! You have really embraced these challenges and made them your own! **Mr Chaplin, PE**



@WarblingtonSchool



@WarblingtonSch



This Weeks Top 10 Students for Pride Points



Well done to all of our students for their hard work this week!

Year 7

Sophie J
Maxwell S
Amelia T
Freddie M
Macy B
Lukas S
Frankee H
Ava W
Aimee F
Levi A

Year 8

Irina U
Lucy B
Harrison M
Luke S
Chloe T
Charlotte H
Harry P
Charlotte C
Albie K
Maizie J

Year 9

Bradley G
Erin P
Sophie F
Robert G
Maisy R
Ioana N
Spencer W
Bethany T
Harry M
Oliver K

Year 10

Ellie W
Millie S
Oliver F
Amber H
Hayden G
Macey B
Tyler F
Lily S
Molly B
Joshua W

Year 11

Amelia F
Oliver B
Christopher M
George F
Carina B
Esme H
Albie R
Gene B
Ethan S
Alyssa M

Year 10 Photography

Photo Terms Research

DSLR - Digital Single-lens reflex camera



Depth of Field – (DOF)
Amount of the foreground and background that is in focus with the subject



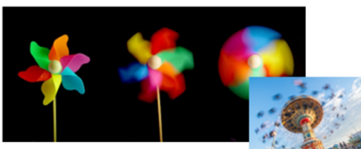
White Balance – Is the process of removing unrealistic colour casts, so that the objects which appear white in person are white in the photo



Composition – The visual, artistic layout of your image. You could have a good or bad composition.



Shutter Speed - An element of exposure which in the duration which lets light get into the lens.



Exposure – The amount of light that enters the lens and strike the film centres. Exposures are broken down in to aperture, shutter speed and ISO.



SOOC – (Straight Out Of Camera). This is the image you get with out any adjustments in the software.



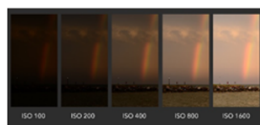
Bokeh – Is the blur or the quality of the blur that is in out of focus areas



Aperture/Fstop – Are interchangeable in terms. People use one or the other sometimes both



ISO – The speed at which the sensor reacts to light.



Focal Points – Picking the object/subject that you want to be the subject.



Photo Terms
By
James Le Geyt

Advection Frost

Whilst out for a very chilly walk on Sunday morning in the mist around Crookhorn Golf Course, I came across what looked to be a light layering of snow on many of the bushes and trees. On closer inspection I found it to be a heavy frost, but in a most peculiar manner. It was predominately only on one side of a branch or leaf. Generally, much thicker on the side that faced West. It was nowhere near as frosty on the ground, in fact in places it was still relatively green. A very unusual sight to be sure, so on my return home and with the aid of the internet, I set out to find out the cause and the name of this occurrence.



I believe the occurrence is called 'Advection Frost', and it occurs when air that is relatively warm and damp moves over an area where the temperature is already below 0 degrees. The water vapour in the air then freezes to the first cold surface it comes into contact with and as this is generally always on the same side of the plant, the build up of ice occurs mainly on one side of the plant. This makes them look white from one angle, but far more green when seen from the opposite side. In places the ice was nearly one centimetre thick. The almost freezing mist was the ideal scenario for this type of frosting to happen as the day before had had clear skies so the temperature had dropped well below freezing before the mist moved in.

The photos below show the build up and beauty of the ice deposits on the plants.

If anyone knows or thinks differently, then please let me know. Just goes to show how much we still have to learn about our British weather.

Mr Barnard, Head of Year 7 and Weatherman in the Making



Good Health Corner

Eye Care

Now we are spending a lot more time working on screens, our eyes muscles are being over worked. Looking at screens without breaks causes eye strain. So to reduce the harm, follow 20-20-20. This means every 20 minutes look at something 20 feet or more away for 20 seconds. 20-20-20.



Mental Health and Wellbeing

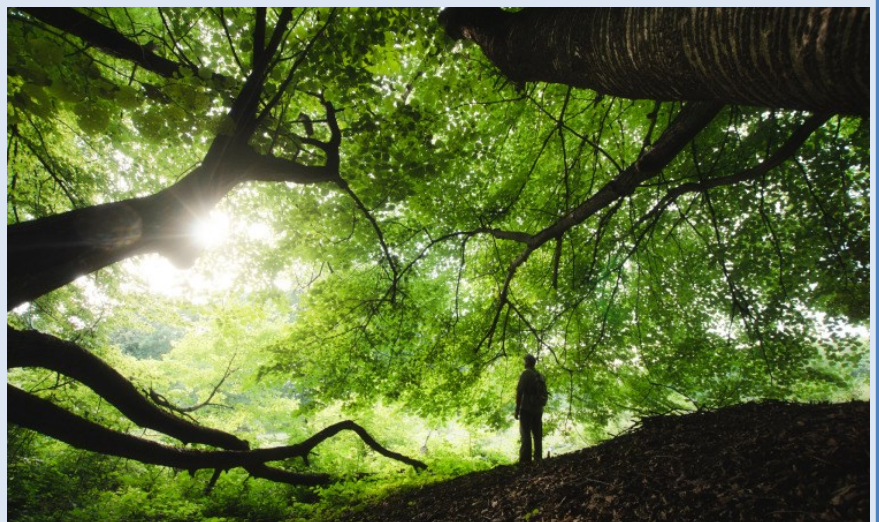
Feeling stressed is normal. Feeling over stressed and anxious is not. We will all feel overwhelmed sometimes and we need help to get things back in perspective so we can cope. Meditation is a powerful tool to help us.

Here is a guide for **Meditation with Nature**

1. Dress for the weather and walk to a green space. This can be a garden, a park, school grounds, anywhere with plants.
2. As you walk/stand, notice the weather. Is it warmer, colder, wetter, drier, windier or calmer? Which direction is the wind? Listen to your footsteps, your breathing.
3. Notice the sounds. What can you hear? The traffic, people, birds?
4. Look at the sky. What colours can you see? What shape are the clouds? Are they moving?
5. When you reach your green space – one tree will do, take a deep breath. Touch the tree. What are the textures, the colours? How tall is it, what is its width, what is growing on it? Are the branches moving? Are there any nests, any holes for insects, animals?
6. Notice the ground. Can you smell it, feel it? What can you hear? What can you see?
7. Touch a leaf – notice its shape, size, colour, texture, condition, smell.
8. Take a deep breath and walk home. Your heart rate will have slowed. Your brain happiness centre will have been active.

Have a good day!

Mrs Rason, Science



A Breath of Fresh Air by Mrs Rason, Science

How are you feeling? Have you ever tried holding your breath? Try it now if you like. How long did you manage? 20 seconds, 40 seconds, even a minute? Well done!



I bet you were gasping for air. But why? Did you say 'because I need oxygen'. Yes, oxygen keeps us going. And where does oxygen come from? Trees you say. You are right and WRONG. Trees produce oxygen and a lot of it, but so do all green plants and 50% of oxygen comes from sea plants. Here in Havant one of the major oxygen producers is in the harbour and it is called Sea Grass.

Beneath the waves, there are meadows of Sea Grass. Sea Grass catches carbon faster than land plants so we are lucky to have it, but we don't have as much as we had last year or the year before. In fact up to 92% of UK Sea Grass has been lost in the last century. We are losing it because Havant makes more sewage than the Budd sewage farm can treat. And sewage kills. Our harbours are filling up with slimy, stinky, green algae which smothers the Sea Grass. Not what we need. Not what we want.

When we are afraid of things, we tend to ignore them, but when a local school boy realised what was going on, he made something happen. He wrote to Southern Water Environmental Officer about how much he enjoyed swimming and sailing in the harbour and how he was concerned about the waste in the water. His letter appeared as part of a full page article in the local paper last week. The Environmental Officer has agreed to meet him to talk about a better way to solve the overflow of sewage into the harbours. So, when you are worried about something, instead of ignoring it, you can make something positive happen.

A breath of fresh air indeed!

Here are a few examples of positive actions that students have taken during lockdown

I was concerned...

...about my weight so I changed by diet and did more exercise and as a result lost more than a stone.

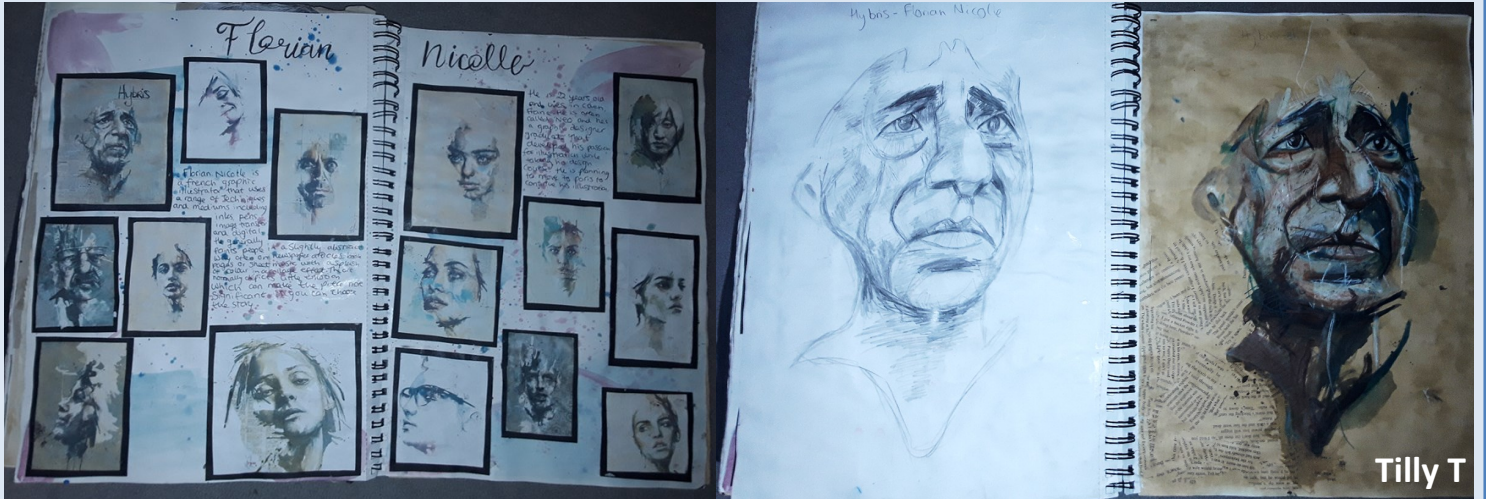
...about my fitness so I took up cycling.

...about Covid and I felt quite lost until I started to garden. I learnt so much and I have lots of ideas about what I am going to grow this year.

...about climate change and I changed my diet so I could eat alot less meat.

...and I want to lose weight. I cycled from London to Brighton on my BMX bike.

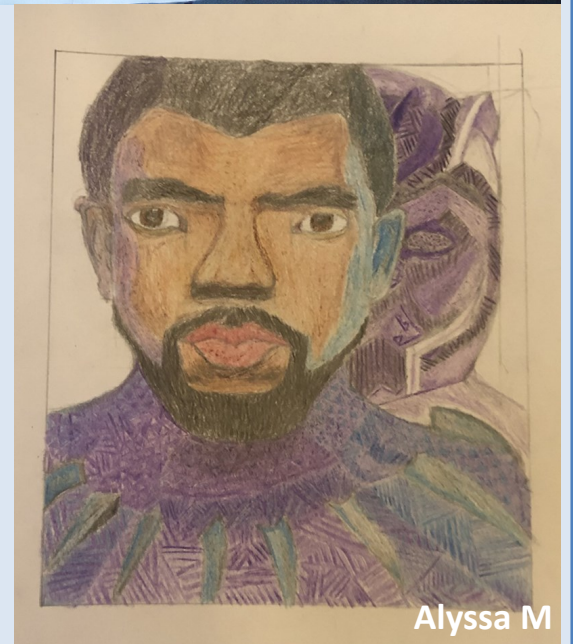
GCSE Art Sketchbook Work & PPE Preparation



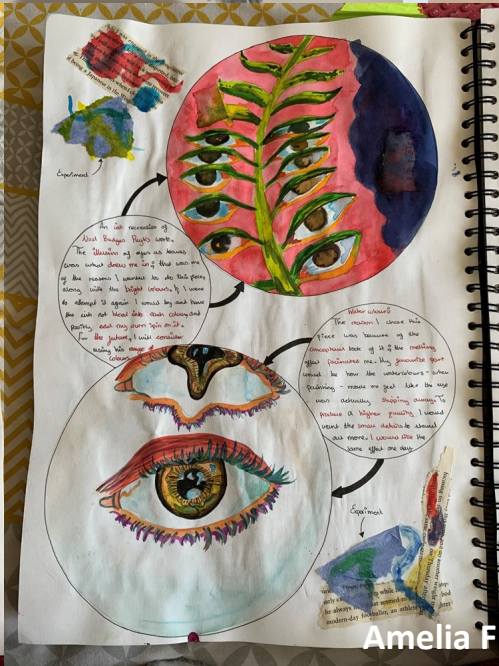
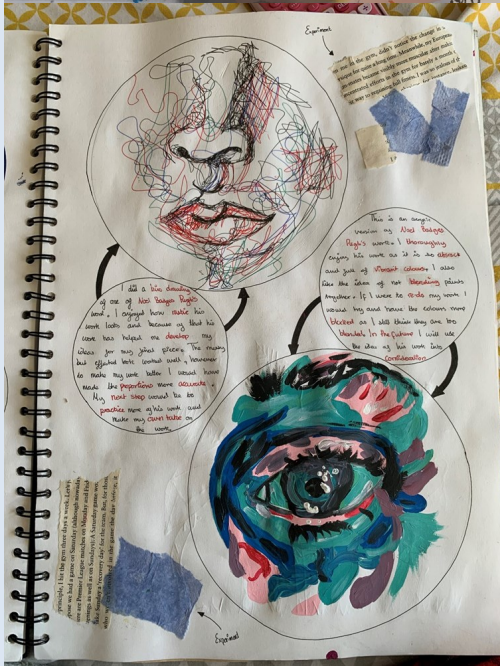
Tilly T



Esme H

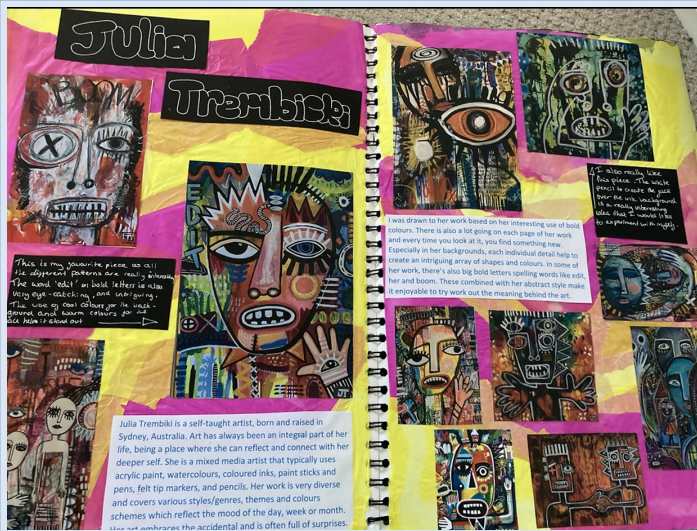


Alyssa M



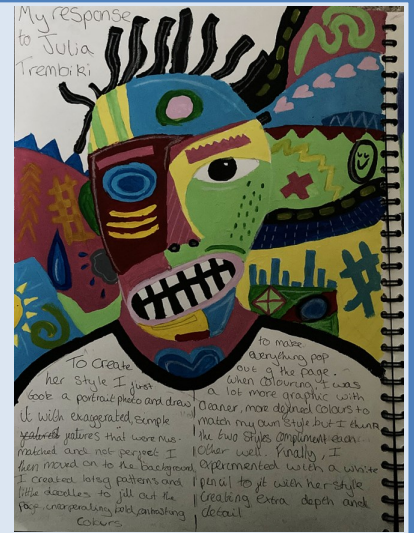
Amelia F

Amazing work!
Well done everyone!
Mr Whitlock, Art



GCSE Art Sketchbook Work & PPE Preparation

Kiera D Year 11
Mr Whitlock, Art



Past, Present and Future - A Story by Kira M Year 7

30 years ago, a girl had her 17th birthday and as a present from her grandmother she got a ring with a peculiar looking shape on it, this shape was like a warning sign except it wasn't triangular...

In the present, America stands as a country run by not Trump but Biden. WW3 didn't eventually happen. BLM is being taken more seriously but still is not quite right down to racist people. Covid-19 is rising up to unexpected measures but there's a vaccine and the suicides are coming up to millions per year. Will this get better you may ask? The answer is if her time travelling skills worked than yes. Just keep going!

Dating back to a week after this girl got a ring, she started having migraines, which were more painful than you think, so she had to get around 4 more hours of sleep than usual to try out the pain. Not knowing that this was the pain of 2020, she continued repeating this method of therapy but it still stood in her head for seconds on end.

After 7 months of pain, the ring from her birthday started to change from duck egg green into this violet colour. It had never done this before so the girl was very confused and just left it. That was the wrong choice because...

2 months into being 17 the ring opened up...

It opened up into a confusing looking portal type object, which was the colour of her eyes-bright blue, the girl was very intrigued and decided NOT to tell ANYONE about this - bad mistake. The girl didn't have a name. She didn't know her past.

Out of the blue, a laser of some sort z

GCSE Photography Research for PPE

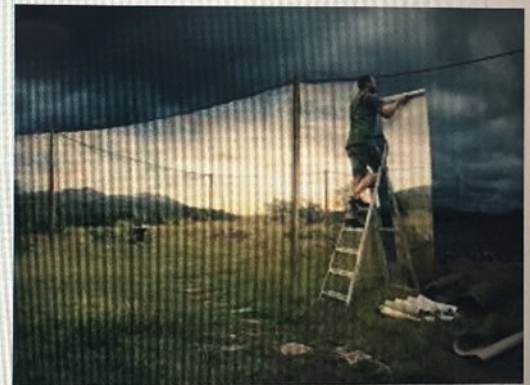
Erik Johansson

The subject of this photo is a woman who is trapped inside of a greenhouse. This photo is about staying within your comfort zone (which is represented as the space within the greenhouse for the woman), when there is a whole world to explore outside of it. The viewpoint of this photo is eyelevel, it's like the viewer is stood looking at the woman. There is a contrast between the light in the greenhouse and the darkness outside, this helps to make the woman the focal point as well as highlighting the fact that you feel safe within your comfort zone. I like this photo as it's a clever idea and visually represents a comfort zone well. An image could be produced like this using two photographs – one of the woman on her own and one of the greenhouse and landscape. You could then create two layers and erase the areas of the photo you don't want.



Erik Johansson

The subject of this photograph is a man on a ladder putting up wall paper. He seems to be replacing the old dull landscape with a fresh new one, 'bending reality'. The viewpoint of this photo is eyelevel, it's as if someone is watching him do it. There is a contrast between the darkness of the dull scene and the brightness of the new scene, representing the fact that the scene it has been replaced with is a happier place. Personally, I really like this photo as I think it's clever how he's edited the photos together to still make them look realistic although the scene itself contains impossible elements.



Erik Johansson

The subject of this photo is the river which runs through it, eventually leading to a vanishing point. In the river is a reflection of the landscape around it but a very different version, potentially taken years earlier or in a different season. The landscape reflected looks like a lovely sunny place, filled with green trees. However the landscape around this reflection is very dull, dark and the trees appear to be dying. There is also a contrast in the light in these two photos which have been edited together, the reflected photo is very bright and cheerful, whereas the other photo looks like it has been taken at night, making it dark. I really like this photo as the contrast between the two photos is really interesting to see when they are in a direct comparison.



Continued overleaf

GCSE Photography Research for PPE Continued...

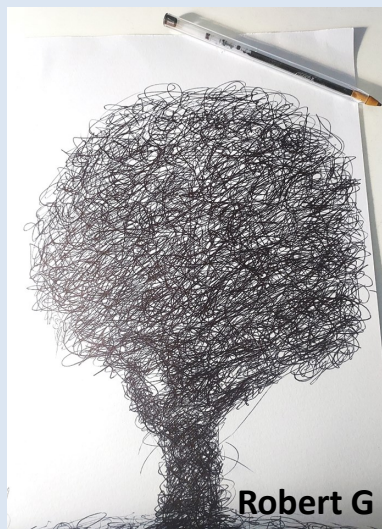
Erik Johansson

The subject of this photo is a woman who has gone up an escalator which leads to a woods. This suggests that the woods is above wherever she has been shopping, and she seems really confused to find this out. There is an obvious contrast in the darkness of the woods and the artificial light shining from the shop, making the shop seem like the safe place and the woods seem creepy. This photo has been taken from an eyelevel viewpoint, like the viewer is watching this happen. I really like this photo as it makes me ask lots of questions. Where has she come from? Is she the only person there? Where is the woods? etc



Maddie B Year 11

Year 9 Biro Sketches



Robert G



Eden C



Bradley G



Taylor D



Maisy R



Grace A

It has been brilliant to see the work that our students have been producing at home. Keep up the hard work!

Mr Whitlock, Art

Using Game Consoles to Access Live Lessons

Did you know you can use your Xbox or PlayStation to access Microsoft Teams?



1. To use your Xbox to access Microsoft Teams, plug a keyboard into the Xbox USB slot
2. Go into 'My Games and Apps'
3. Find 'Microsoft Edge' and select it
4. Search 'Office 365' via Google
5. Log in with your school email and password
6. To navigate the screen use your Xbox controller or plug in a mouse



1. Identify the PlayStation internet browser (icon with WWW)
2. Press the PS4 logo on the controller
3. Go to the 'Library' and 'Options for Games and Applications'
4. Select 'Applications' and you will find the internet browser
5. Search 'Office 365' via Google
6. Log in with your school email and password
7. To navigate the screen use your PlayStation controller

Skoolkit

Unfortunately the SkoolKit shops are closed inline with Government guidelines but if you need to purchase school uniform, their online website is still open for home deliveries. For more information please visit their website www.skoolkit.co.uk and for any order related queries please email them using the contact details on their website.

Support
Independent



Support
Community



Play Now To **WIN 1 Of 5 £100**
Etsy Gift Vouchers In The National Draw
Plus £100 To Your Cause!

- £25,000 jackpot!
- Sign up from £1 per week
- Your support makes a real difference to our local community

For more information and to take part, visit:

<https://www.havantlottery.co.uk/support/havant-borough-tree-wardens>

Enter by 27th Feb 2021 Supporters must be 16 years of age or older *See website for Terms and conditions.