

Warblington  
School

# Weekly Newsletter

## Issue 263: Friday 9th July 2021

### Message from The Editor, Miss Barker

This week we had our final Year 5 Masterclass where students took part in a variety of subjects that we offer here at Warblington. On the same day, we also had our Year 5 Open Afternoon

where students could have a personal guided tour of the school with their parents/carers allowing them to get a feel for the school and take part in subject activities. We would like to say thank you to everyone who visited us on this day! Also a big thank you and well done to our students that were tour guides at the event. We are incredibly proud of you all and the way you presented yourselves and the school. And our amazing staff team!

On Wednesday, ahead of England's semi final against Denmark, some of our Year 10 Music students performed the classic song 'It's Coming Home' which featured on our Social Media pages to wish England the best of luck! Thank you to Ethan R, Lochlan L, Katie W, Louise M and Miss Blundell for your amazing performance! It did the trick as we are in the final!

### Key Dates for the Summer Term: Week B

	Year 6 Transition LIVE
Tuesday 20th July	Q&A Session 5:00pm-6:00pm
Friday 23rd July	Last Day of Term



### New School House Ties

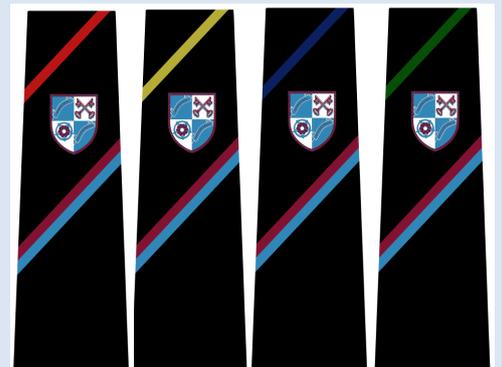
As you are aware from September 2021 we are changing our school ties to individual House ties allowing students to proudly display what House they are in.

The ties are on sale now for pre-order via WEDUC for online payments only at the discounted price of £2 for our current Year 7-10 students.

The discounted price will only last until the end of term (Friday 23rd July) when the price will increase to £5 per tie. Students will be limited to one tie at the discounted price.

Once the ties arrive from the supplier they will be distributed on the last week of term ready for students to wear in September.

Thank you. **Mr Sharp, Finance Manager**



## Lost Property

We have a lot of items in lost property from this school year. All items don't have names as items which are named are returned to their owner. If your child has lost something, please ask them to come to Reception and have a look in lost property. Items not collected by the end of term will be donated to charity or used as spare uniform in school. Thank you.



## Spare Uniform & PE Kit

Do you have any school uniform and PE kit at home that your child has outgrown or no longer needs? If so, please donate these items to the school for our stock of spare uniform, especially blazers. Please bring items to Reception. If you are thinking of buying new uniform over the Summer, please think of the school and donate your unwanted items.

Thank you in advance for your support! **Reception & PE Department**



## Race to Tokyo House Challenge



Thank you for all of your entries this week! Don't forget to keep recording and send your miles to Mr Chaplin via [g.chaplin@warblingtonschool.co.uk](mailto:g.chaplin@warblingtonschool.co.uk)

First House to 6000 miles!

Walking, running, cycling... short or long distances... every mile counts... keep recording!

### The Race to Tokyo Leader Board

House	Mitchell	Norris	Paxton	Stowe
Miles Completed	<b>4158.9</b>	<b>5446.9</b>	<b>4182.5</b>	<b>3210.9</b>



## Havant Borough Council Great Big Green Week

A week to celebrate what people around the Borough have been doing to protect nature, tackle waste and take action.

What do you want to celebrate?

Havant Borough Council need a poster to advertise their Great Big Green Week and need your help so they have created a competition! Great Big Green week is a national festival to celebrate what people are doing to protect nature, tackle waste and take action on climate change in the lead up to COP26 in November in Glasgow. If you would like to design a poster for the competition it must:

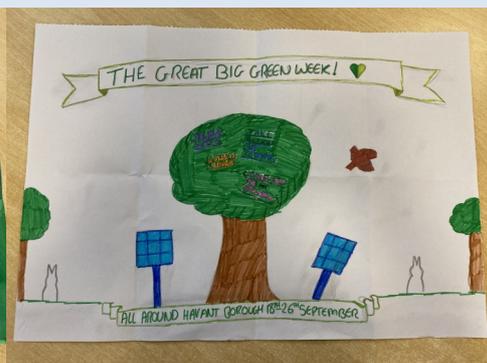
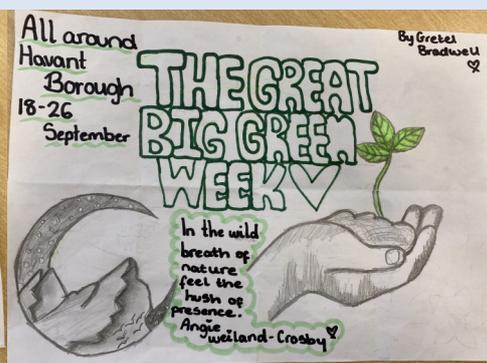
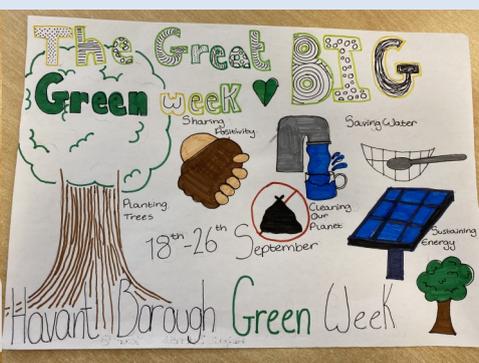
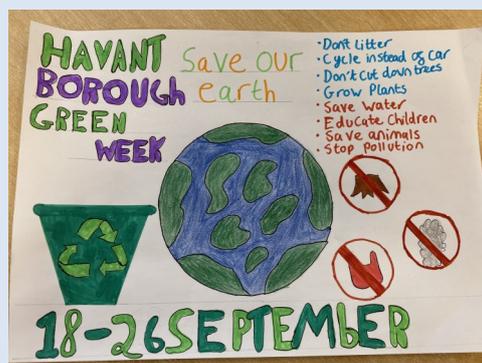
- Advertise the week
- Say Havant Borough Council Great Big Green Week 18<sup>th</sup> -26<sup>th</sup> September

Please hand completed posters to Mrs Rason in Science by Monday 12<sup>th</sup> July. A student can submit as many entries as they like. Joint efforts up to three people are allowed too. Every entry will be given House points. Entries will be judged by our Art and Science Departments and the best will be put forward to the Council. Get sketching. Get painting. Get collaging. Good luck!

Below are some examples of posters already submitted for the competition.

There is still time to enter!

**Mrs Rason, Science**



## Public Health Service Consultation

Hampshire County Council have launched a public consultation which proposes changes to a number of public health services that they commission. This includes services for people aged 0-19 which are delivered by Southern Health NHS Foundation Trust

The Trust will be providing a response to the consultation, and we encourage anyone who may be affected by the proposed changes to have their say. You can read the full consultation and submit your responses here:

[www.hants.gov.uk/aboutthecouncil/haveyoursay/consultations/public-health-consultation](http://www.hants.gov.uk/aboutthecouncil/haveyoursay/consultations/public-health-consultation)



## My School Fund

**Warblington School has joined the My School Fund initiative to help boost our budget!**

We're pleased to announce that we are a part of the My School Fund initiative. This innovative scheme allows us to be able to boost our school's budget with your help.

### How does it work?

Parents/carers can sign up to the scheme for free and start earning cashback on the things they buy in participating retail stores, including Sainsbury's and Argos. As you spend you'll receive 2% cashback in the form of eGift vouchers that can be redeemed in participating stores. By linking your spend to our school on the My School Fund website we'll also earn 1% cashback on your spend. Add that all up across our school's network of families and together we can all make a big difference!

### How to get involved

Visit [myschoolfund.org](http://myschoolfund.org) to register for free and link to Warblington School. From there, everything you spend in participating stores will go towards helping boost our budget, plus your own!



 MY RAP 

 By Maisy 

# RESPECT

R *espect everyone, everything, everywhere*

E *specially for those, for who you care*

A *nd don't forget everyone is rare*

D *on't judge people for what they wear*

D *on't even dare!*

I *t's not fair, follow the rules*

O *therwise you'll look like a fool.*



## This Weeks Top 10 Students for Pride Points



Well done to all of our students for their hard work this week!

### Year 7

Sophie H  
Amelia T  
Adrian D  
Matthew W  
Kieron T-L  
Zidane D  
Anelly D  
Elizabeth S  
Summer M  
Elijah W

### Year 8

Lucy B  
Irina U  
Savannah J  
Nellie C  
Harry C-A  
Maddy B  
Anisa M  
Luke S  
Ajay B  
Henry Y

### Year 9

Phoebe F  
Sophie F  
Katie R  
Elizabeth B  
Jack S  
Erin P  
Jessica T  
Angel D  
Rebecca F  
Lewis A

### Year 10

Freya W-H  
Oliver R  
Jack W  
Rosie W  
Rosie-May R  
Usenia T  
Lily S  
Jamie K  
Ben B  
James L G



## PE Star of the Week

**Mason H Year 9**

Outstanding effort in PE theory and practical lessons.



## Starting Secondary School

## Year 6 Transition

Thank you to our Year 6 Transition students for continuing to complete their weekly Transition tasks. This week you had your final task! It was Food Glorious Food from technology.

Thank you for all of your hard work!

Any important information or correspondence is sent you by email so keep checking your emails. Items are also uploaded to our dedicated Transition page on our website. Don't forget to check out our Facebook and Twitter pages for school updates, important information and

good news. Like and follow!



@WarblingtonSchool



@WarblingtonSch

# School Lunch Menu

Monday 12th July - Friday 16th July

## Lunch Menu Week 3 – 2020/2021

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Soup of the day (GF)(DF)(V)(O)	Soup of the day (GF)(DF)(V)(O)	Soup of the day (GF)(DF)(V)(O)	Soup of the day (GF)(DF)(V)(O)	Soup of the day (GF)(DF)(V)(O)
<b>Main</b>	Chicken Skewers (GF)	Beef Burrito served with Salsa, Sour cream and Guacamole (O)	Beef and Onion Pie served with Gravy (O)	Cornflake chicken (GF)	Fish Fingers Baps Served with Lettuce and mayo (O)
<b>Vegetarian</b>	Vegetable Skewers (DF)(GF)(V)(O)	Vegetable Burrito served with Salsa, Sour cream and Guacamole (V)(O)	Vegetable Pie served with Gravy (V)(O)	Peppers, Feta, Rice And Herbs Roulade (GF)(V)(O)	Vegetable Pattie Baps Served with Lettuce and Mayo (V)(O)
<b>Vegetable or Salad</b>	Mixed Salad (DF)(GF)(V)(O)	Mixed salad (DF)(GF)(V)(O)	Roasted Seasonal Vegetables (DF)(GF)(V)(O)	Mixed salad (DF)(GF)(V)(O)	Lettuce in baps (DF)(V)(O)
<b>Carbohydrate</b>	Smoked paprika Potato Lattice (DF)(GF)(V)(O)	Tortilla Chips and Rice Inside the Burrito (DF)(V)(O)	Mash Potato (GF)(V)(O)	Potato Wedges (DF)(GF)(V)(O)	Fried Chips (DF)(GF)(V)(O)
<b>Dessert</b>	Cheese Cake (V)(O)	Strawberry Angel Delight (GF)(V)(O)	Chocolate Cake topped With Butter Icing (V)(O)	Forest Fruit Swiss Roll (V)(O)	Waffles served with Toffee Sauce (V)(O)
<b>Dietary – (V) Vegetarian (DF) Dairy Free (GF) Gluten Free (O) Organic</b>					

Allergens :  Milk  Celery  Egg  Fish  Gluten  Lupin  Crustaceans  Molluscs  Mustard  
 Peanuts  Seasme  Soya  Sulphites  Tree Nuts



### Food Bank Donations

There is a collection box in Reception for The Beacon Food Bank. If you are able to offer your support, please bring items into Reception or ask your child to drop them off to help those in need in our community. Donation examples:

Coffee - Tea - Sugar - Rice - Pasta - Pasta Sauce - Tinned Meals - Tinned Fruit/Veg - Soup - Jam - Puddings - Squash - Cereal - Tuna - Biscuits  
Long Life Milk - Custard - Cooking Sauces

**Mrs Copeman, Home/School Support**

### Milk Bottle Top Collection

We are collecting milk bottle tops for the Solent MS Therapy Centre! Please collect and bring your bottle tops into Reception. Plastic milk bottle tops only. Thank you for your support!



Help for those living with Multiple Sclerosis





## Warblington School After School Clubs 2020-2021



Monday	Tuesday	Wednesday	Thursday	Friday
Sport & Dance Year 7 3:00pm-4:00pm	Football with Havant & Waterlooville FC Year 10 2:00pm-3:00pm	Homework Club Student Hub All Years 3:00pm-3:30pm	Homework Club Student Hub All Years 3:00pm-3:30pm	Sports Leadership with Pompey in the Community Year 7 3:00pm-4:00pm
		Art Club Year 11 3:00pm-4:00pm	Art Club All Years 3:00pm-4:00pm	
		Textiles Club Year 8 3:00pm-3:40pm	Textiles Club Year 7 3:00pm-4:00pm	
		Sport & Dance Year 8 3:00pm-4:00pm	Sport & Dance Year 9 3:00pm-4:00pm	



## Warblington School Year 10 Period 6 Revision Timetable 2020-2021



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week A - In School 3pm-4pm</b>				
Science		English	Art & Photography Mr Whitlock & Mrs Phillips <b>French</b> Mr Ashcroft	Spanish Miss Uguen
<b>Week B - In School 3pm-4pm</b>				
Creative iMedia Miss Severe		Art & Photography Mr Whitlock <b>Geography (HU1)</b>	Art & Photography Mr Whitlock & Mrs Phillips <b>History</b> Mrs Watson <b>Computer Science</b> Mr Godfrey	Spanish Miss Uguen



## Tips & Ideas to Support Your Child's Wellbeing This Summer Holiday



Supporting your child and your own wellbeing over the summer holidays can be difficult but it is important as 6 weeks is a long time. Here are some ideas and handy tips for your family's wellbeing that you might like to try!

### Ideas

- Be creative; draw, paint, make art out of recycling, photography projects on your phone.
- Learn something new; take part in the Hampshire Library Summer Reading Challenge <https://www.hants.gov.uk/librariesandarchives/kids-zone>
- Go outside; visit the local park, go on a nature hunt, visit the beach, take a picnic.
- Spend time together; play games, listen, watch movies, eat together.
- Get your children involved; create and prepare meal, choose activities together.
- Speak to your friends, family, school or a professional who is supporting your family before the holidays to find out what activities your child could access.



### Handy Tips

- Create a plan, good preparation can reduce feelings of anxiety.
- Speak to friends and family for help. Share good ideas and things to do! Remember you are not on your own.
- Remember not all activities need to cost money—be creative!
- Pack a picnic this will reduce the cost and encourage healthy eating; for some lunch box inspiration visit [www.nhs.uk/change4life](http://www.nhs.uk/change4life)
- Limit screen time, get children active this will help them to sleep better and connect with you and their peers.





# Tips & Ideas to Support Your Child's Wellbeing This Summer Holiday



## Handy Tips Continued

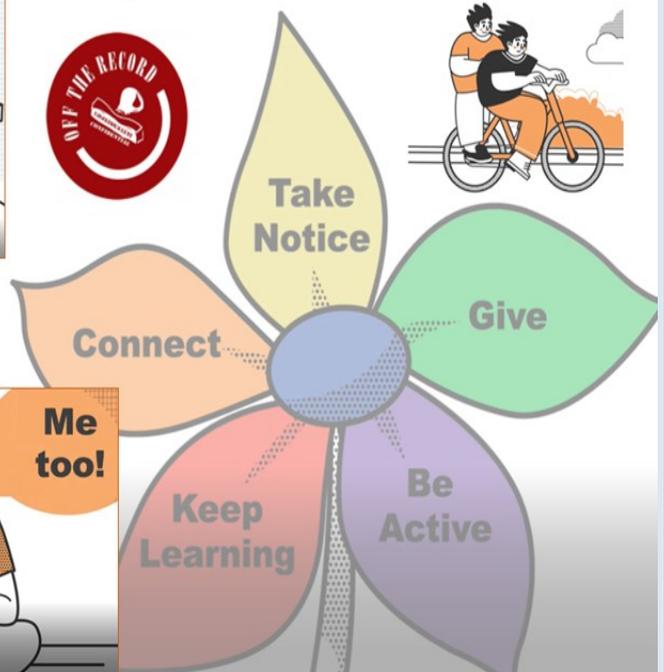
- Make sure you keep routines—bedtimes, meal times, exercise and hygiene are important for children's mental and physical health.
- Talk to your children, listen and pay attention to their emotions.
- Whatever age your child is supporting their wellbeing is important as well as looking after your own!
- If you are concerned about your child or your own mental or physical health please call **111**. Trained mental health nurses and therapists are available to give you advice.



## Useful Organisations

- **Motiv8** - support for young people [www.motiv8.org.uk](http://www.motiv8.org.uk)
- **Mind** - Mental health support for the whole family [www.easthantsmind.org](http://www.easthantsmind.org)
- **Off the Record** - Counselling and group work for young people and parents/carers, and the Havant Young Carers Project [www.otr-south.org.uk](http://www.otr-south.org.uk)
- **Kooth** - Digital Counselling [www.kooth.com](http://www.kooth.com)
- **Public Health** - Wellbeing advice [www.hants.gov.uk/socialcareandhealth/publichealth](http://www.hants.gov.uk/socialcareandhealth/publichealth)

- **Hampshire CAMHS** - Mental health advice for children, young people and parent/carers
- **FISH** - Activities near to you [www.fish.hants.gov.uk](http://www.fish.hants.gov.uk)
- **111** - Non-urgent physical and mental health medical advice





# Tips & Ideas to Support Your Child's Wellbeing This Summer Holiday



## Our Family Holiday Plan

Over the Summer Holidays we will...

- 1.
- 2.
- 3.
- 4.
- 5.

Try sticking it to your fridge to keep you on track!



## Young Person's Safe Haven now open

- Young people aged 11-17years living in the Havant Borough.
- Access to one-to-one, face-to-face support sessions, crisis support, self-harm/suicide safety planning, healthy coping strategies, wellbeing topics, mindfulness and signposting.
- Please book an appointment on 0300 303 1580 or email [cypsafehaven@easthantsmind.org](mailto:cypsafehaven@easthantsmind.org) between 5-8pm Tuesday, Wednesday and Thursday. Last appointments at 7.30pm.
- We are still offering telephone support

Please note this phone line and email address will not be monitored outside of these hours.

Service delivered at The Pallant Centre, Havant. PO9 1BE.



Havant and East Hants



# House Point Totals

## WARBLINGTON WEEKLY HOUSE POINTS



## WARBLINGTON OVERALL HOUSE POINTS





In association with

Sainsbury's

Argos

ESPO



### Step 1

Visit [myschoolfund.org](https://myschoolfund.org) to sign up for free and link to your child's school



### Step 2

Register your credit/debit card to your account



### Step 3

Spend at participating retailers



### Step 4

Start receiving your eGift Cards!



# We're part of the My School Fund initiative.

## Together we can boost our school's budget, plus your own!

It's completely free to sign up and both you and your child's school will receive eGift Cards to be used at participating retailers based on a percentage of your spend.

**Visit [myschoolfund.org](https://myschoolfund.org) today!**

SCAN FOR INFO



# ONLINE FAIR PLAY

## The Dos and Don'ts of Online Conduct

Alongside individual skill, impressive teamwork and some truly epic matches, one of the most enjoyable things about this summer's European football championships has been the sense of sportsmanship and fair play. Players have competed fiercely, but they've (mostly) remembered that they're representing their country – and that bad behaviour, dangerous play or outright cheating tends to last in people's memories for a long time after tournaments are over. The same is true of how we act online – one error of judgement or loss of control might only take a second, but can have results that are difficult to forget. Instead, just like the heroes of the Euros, we should aim for people to see us and feel proud and inspired. So, in a five-a-side line-up (with five "dos" and five "don'ts"), here are our top tips for playing fair online.



### FAIR PLAY



#### 1 Organise your defence

Use strong passwords to protect your personal information, accounts and data. A trusted adult, like a teacher or a relative, can help you choose one that's easy for you to remember but hard for anyone else to guess.



#### 2 Keep possession

Only share personal information online with people you know well, like friends and family. A trusted adult will be able to help you change your online privacy settings so strangers can't find things out about you.



#### 3 Use teamwork

Before you use a device for the first time or download a new app, always check with a trusted adult. They'll be able to check if it's safe for you to use and make sure the privacy settings are right for you.



#### 4 Be respectful

Treat people online like you would treat them in real life. Remember your manners and be polite and kind in your posts, comments and messages.



#### 5 Catch attackers offside

If someone is trying to bully you online, a trusted adult can help you to gather evidence and report that person to the authorities. You should also tell a trusted adult if you see anything online that makes you feel worried, upset, frightened or sad.



### FOUL PLAY

#### 1 Don't ignore possible danger

Never accept a friend request from a stranger. If somebody you don't know tries to contact you online, tell a trusted adult straight away.



#### 2 Don't lose control & retaliate

Although it can be tempting, it's best not to respond if someone attempts to bully you online or sends you hurtful messages. Tell a trusted adult what happened, and then block the person from contacting you again in future.



#### 3 Don't hurt people deliberately

It's important to behave online just like you would in real life. Don't post anything that can make you look like a bad person, because the things we put online can stay there for a long time.



#### 4 Don't cheat your way to victory

Don't copy another person's work that you found online or pretend that it's yours. This is called plagiarism and can get you into a lot of trouble.



#### 5 Don't play for extra time

It can be easy to spend too much time online. Instead, take a break to go outside for some fresh air and exercise. Not using your device just before bed will also help you get a good night's sleep so you can be fresh and focused the next day.



**NOS** National Online Safety®  
#WakeUpWednesday

