



Weekly Newsletter

Issue 265: Friday 23rd July 2021

Warblington
School

Message from The Editor, Miss Barker

We would like to say a huge thank you to our students, staff, parents/carers and whole school community for all of their hard work this year and the support you have provided to keep the school going. Team Warblington has done it again!

We are looking forward to welcoming our new Year 7 students to Warblington School in September. Please see the email sent home today from our Headteacher regarding the start of the new school year in September.

Please take care and look after yourselves over the summer as even though restrictions have been lifted, Covid hasn't gone away, we need to be vigilant and keep protecting ourselves and others as we have done up until this point.

Congratulations to Rebecca N Year 8 for winning the Havant Borough Council Great Big Green Week poster competition for her age group. We can't wait to see it around Havant soon! The Mayor of Havant was very impressed. Well done!

Key Dates for the Autumn Term: Week A

Thursday 12th August	GCSE Results Day 10:00am - 12:00pm
Thursday 2nd September	Year 7, 10 & 11 1st Covid Test
Friday 3rd September	Year 8 & 9 1st Covid Test
Monday 6th September	Year 7, 10 & 11 2nd Covid Test & First Day back if negative
Tuesday 7th September	Year 8 & 9 2nd Covid Test & First Day back if negative



Year 7 Art - Bugs

This term in Art, Year 7 have been working on Bugs as their project. Their homework task was to make a 3D piece based on any bug and use recycled/recyclable materials. We very pleased with the pieces we received, especially the piece from Felix C which can be seen here. It is creative, cute and very imaginative! The honeycomb is made from an egg box and the bees are made from Kinder surprise boxes with pipe cleaners around them! Brilliant work Felix!



Well done! **Mrs Phillips, Art**

Duke of Edinburgh Award 2021

Jack T Year 10 has completed all sections of his DofE Bronze Award! Congratulations and well done for all of your hard work! Below are some photos from the DofE Bronze Award 2021.

Please upload your evidence to eDOFE. Any questions please email me on

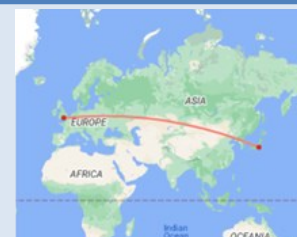
a.crowe@warblingtonschool.co.uk Mr Crowe, DofE Manager



Race to Tokyo House Challenge

The goal was to complete 6000 miles, the same length from here to Tokyo and Norris won Gold and completed the challenge! Congratulations!

Thank you to everyone, both students and staff who contributed miles to your House! Gold: Norris Mitchell: Silver Paxton: Bronze Stowe: Runners Up



The Race to Tokyo Leader Board

House	Mitchell	Norris	Paxton	Stowe
Miles Completed	5147.7	6137.8	4477.8	3967.9

Year 7 English

Year 7 have been anthropomorphising bees in their English lessons this week and produced posters to encourage a friendship among bees and humans.

Anthropomorphize means to attribute human characteristics or behaviour to something for example and animal or object. Well done everyone!

Miss Monkcom & Mrs Brown, English



The Summer Craft & Textiles Drive

The Creative and Technical Arts Department are looking for donations of the following items that you no longer use/need and could donate to the school. For example:

- Any sewing boxes or equipment (needles, thread, pins, pin cushions, fabric scissors, thread scissors, zips, sewing machines etc.).
- Any old clothes, material, fabric, felt, wool, bed linen, elastic or curtains that could be recycled.
- Any decorations such as buttons, beads or sequins that are taking up space.
- Old newspapers, old rolls of wallpaper, patterned paper and cardboard.
- Old paints, fabric paints, dyes, pots for paint or glue etc.
- Anything that could be recycled for craft purposes.

Thank you! **Ms Severe, Textiles**



PE Swap Shop

The PE Department are looking to start a new initiative, the Swap Shop! They are looking for people to donate clean PE uniform that they have outgrown and trainers of all sizes. Students will then be able to borrow items if they forget anything or swap an item they have outgrown for the next size up if we have it in stock. An initiative to save you money and aid the environment by recycling. Please bring items to Reception for the attention of the PE Department. Adults can get involved too... having a clear out of your trainers, bring them to Warblington for the Swap Shop! **PE Department**



House Ties

Due to the number of students self isolating we have extended our House tie offer of £2.00. Ties purchased will be given to students when they come into school for Covid testing at the start of the new school year in September. Thank you. **Mr Sharp, Finance Manager**

Wildlife Survey

Our students working from home have been finding out about the importance of long term surveys of wildlife like the Big Bird Count in February and The Big Butterfly Count this Summer.

As part of their live lessons they have been asked to go outside and complete the butterfly count. Most common sightings were large and small Green Veined white butterflies but we also found more unusual small Copper and Ringlet butterflies. Here are some thoughts from our Year 10 students on why the survey is important:

‘So scientists can know where and when butterflies are, and if the ecosystem is improving.’

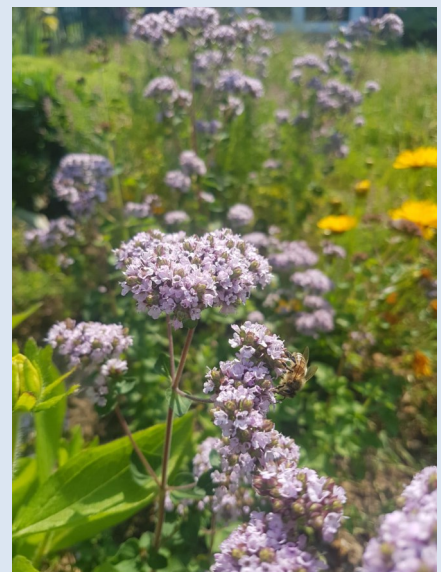
James

‘It shows an accurate reading on butterfly activity around England.’ **Eloisa**

‘So we have an idea of what there is and how many there are so we can attempt to prevent certain species from going extinct.’ **Oliver**

Art & Sensory Garden

Our Art & Sensory garden is blooming! In the background you can see the start of our Art mural.



Warblington Staff of the Year

As voted for by our students!

Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 7 TEACHER OF THE YEAR 2021

Hereby presented to

Miss Monkcom



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 7 SUPPORT STAFF OF THE YEAR 2021

Hereby presented to

Mrs Connolly



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 8 TEACHER OF THE YEAR 2021

Hereby presented to

Miss Monkcom



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 8 SUPPORT STAFF OF THE YEAR 2021

Hereby presented to

Mrs Baldwin



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 9 TEACHER OF THE YEAR 2021

Hereby presented to

Miss Pritchard



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 9 SUPPORT STAFF OF THE YEAR 2021

Hereby presented to

Mrs Barnett



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 10 TEACHER OF THE YEAR 2021

Hereby presented to

Mrs Brown



Staff Awards Summer 2021



CONGRATULATIONS!

THE YEAR 10 SUPPORT STAFF OF THE YEAR 2021

Hereby presented to

Miss Elson





This Weeks Top 10 Students for Pride Points



Well done to all of our students for their hard work this week!

Year 7

Leah S
Logan-Jay J
Abbie B
Daisey H
Dominic P
Taylor H
Sophie H
Gretel B
Liam H
Adrian D

Year 8

Irina U
Savannah J
Maddy B
Francesca H
Chloe T
Callum C
Elisa C
Nellie C
Owen G
Rebecca N

Year 9

Keira R
Spencer W
Jack S
Jamie S
Angel D
Erin P
Robert G
Jake H
Melissa A
Peter C

Year 10

James L G
Ellie W
Thomas W
Oliver F
Jack T
Diesel P
Jack W
Hayden G
Eloisa D-E
Matthew W

PE Star of the Week

Megan H Year 8 - An ambassador of Warblington School representing multiple areas across the school to make an impact! In PE you have been amazing this week! You continue to push yourself in all of your lessons and we have been proud of your attitude to learning throughout the academic year! Well done and thank you!

Year 8 English

Year 8 have been learning about sonnet form and poetry in their English lessons.

Here is a advanced and beautifully written sonnet written by Luke S.

Well done Luke!

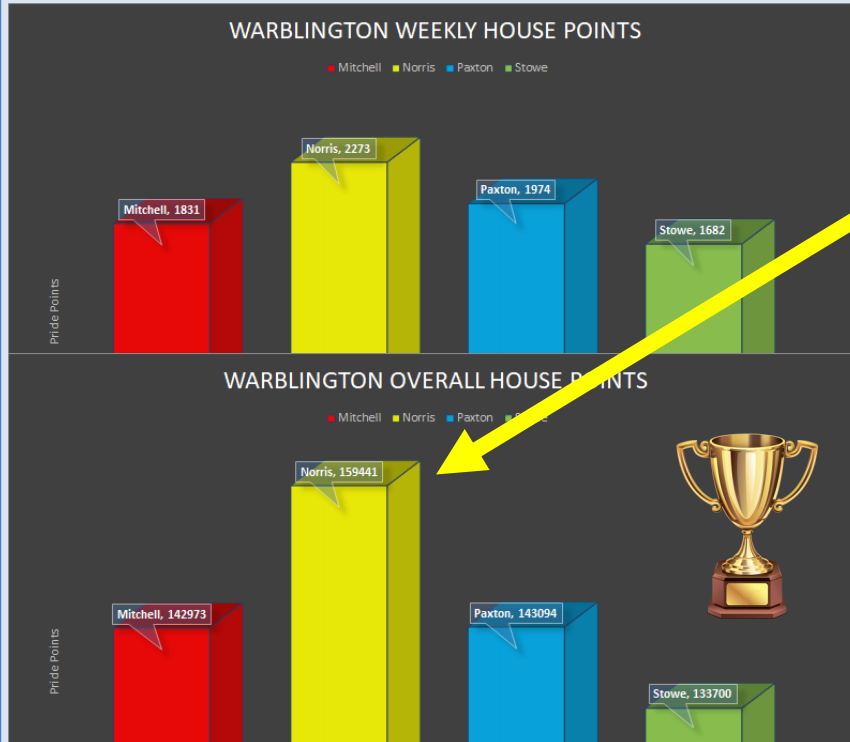
Miss Monkcom, English



The butterfly flaps its papery wings;
The clouds drift along, just like a feather,
High in the canopy, the song bird sings,
The deer grazes among the fresh heather;
A tree growing in solemn silence, rare:
From within a nest a chick chirps content,
An owl soaring, graciously and fair;
A shadow creeps up from the grassland bent.

But what approaches, is not of nature;
Destroying the idylls of wildlife's beauty,
It tares up the land, acre for acre;
Cold, harsh machines of unrivaled cruelty
And as the soil is turned into coarse sand,
Mother natures turns into a wasteland...

House Point Totals



Congratulations to Norris for being the overall House champions for this school year!

We look forward to more House challenges next school year and everyone showing House pride with their new House ties.

Thank you for your hard work and a huge well done to everyone who entered a House competition.

Mr Chaplin, PE & House Coordinator



CONNECT4FAMILIES FAMILY FESTIVAL DAY

10.30 – 2.30pm at a venue near you

Activities

Petting Farm
 Mr Giant Balloon modelling
 Computer Xplorers
 Clay making
 Singing with Urban Vocal Group
 Circus skills
 Yoga for the family
 Dallaglio RugbyWorks
 Jewellery making
 Arts and craft

LUNCH INCLUDED!

FREE!

Thursday 29th July

Trosnant School Havant PO9 3BD

Thursday 5th August

Warren Park Primary School Havant PO9 4LR

Saturday 14th August

Hayling Island Community Centre

Hayling Island PO11 0HB

Thursday 19th August

Park Community School Havant PO9 4BU

To book visit www.connect4.org.uk or email admin@connect4.org.uk

These events are all free to attend and are primarily aimed at but not limited to families on free school meals.

T: 02392 475480 E: admin@warblingtonschool.co.uk W: www.warblingtonschool.co.uk

Headteacher: Mike Hartnell



Year 5 Open Afternoon

On Tuesday 6th July we had our Year 5 Open Afternoon. Finley B from Bosmere Junior School felt so inspired by the activities on offer in Maths that he took home the domino challenge to complete. Here is his completed challenge. Well done Finley!
Mr Barnard, Head of Year 7 & Teacher of Maths

GIRL PLAYERS WANTED!

AFC PORTCHESTER

WE ARE LOOKING FOR GIRLS ACROSS ALL AGE GROUPS, WHETHER YOU'RE NEW TO THE GAME OR HAVE PREVIOUS EXPERIENCE!

WE RUN GIRLS FUN TRAINING SESSIONS, AND ALSO RUN SQUADS FROM U10 THROUGH TO U18 AGE GROUPS

EMAIL: GIRLS@AFCPORTCHESTERYOUTH.CO.UK
www.afcportchesteryouth.co.uk

AGES 5-17
SCHOOL YEARS R-11

Hampshire Girls' Youth Football League
The FA Charter Standard Development Club

Public Health Service Consultation

Hampshire County Council have launched a public consultation which proposes changes to a number of public health services that they commission. This includes services for people aged 0-19 which are delivered by Southern Health NHS Foundation Trust

The Trust will be providing a response to the consultation, and we encourage anyone who may be affected by the proposed changes to have their say. You can read the full consultation and submit your responses here:

www.hants.gov.uk/aboutthecouncil/haveyoursay/consultations/public-health-consultation



My School Fund

Warblington School has joined the My School Fund initiative to help boost our budget!

We're pleased to announce that we are a part of the My School Fund initiative. This innovative scheme allows us to be able to boost our school's budget with your help.

How does it work?

Parents/carers can sign up to the scheme for free and start earning cashback on the things they buy in participating retail stores, including Sainsbury's and Argos. As you spend you'll receive 2% cashback in the form of eGift vouchers that can be redeemed in participating stores. By linking your spend to our school on the My School Fund website we'll also earn 1% cashback on your spend. Add that all up across our school's network of families and together we can all make a big difference!

How to get involved

Visit myschoolfund.org to register for free and link to Warblington School. From there, everything you spend in participating stores will go towards helping boost our budget, plus your own!



Year 7 English - Letters to Boris Johnson Regarding Plastic, Waste and the Environment

Dear Mr Johnson,

Did you know, that every minute of every day a truck load of plastic is dumped into the ocean? This is a dreadful realisation that we need to come to at some point, and it needs to stop.

Firstly, the ~~sea~~^{ocean} is an extremely important part of our environment, and by polluting it, not only are we killing innocent sea creatures, we are making it harder for us humans to eat. Studies say that 85% of our plastic ends up in the ocean. Is this really something that you Secondly, want to keep on happening?

Secondly, the burning of plastic is also a problem, as it pollutes our air and even causes illnesses. Once, I went to China and ended up having several nosebleeds per day, due to the air being so intoxicated. I'm sure that this happens to many other people as well, even children. This is horrible, because somebody so young shouldn't have to endure this.

Also, our country has been known to pay other countries, such as Malasia, to take our plastic and dump

it there. This just makes Malasia a dumping ground, and that is not right.

Lastly, shops lack of encouragement when it comes to plastic is appalling. It has been proven that in shops, items wrapped in plastic cost less than items that aren't, we need to change now.

Yours faithfully,

Miss Emma Starford.

Brilliant work Emma!

Well done!

English Department

Dear Mr Johnson,

I am writing to you in regards to the growing concern of our use of plastic. Every minute of every day, a truck load of plastic gets dumped into our ocean and damages our environment even more. The thought of us as humans are capable of something like this astuns me. We are poisoning our home and we have the opportunity to change it. Get your head out the clouds and realise what's going on in our planet.

2.2 million tonnes of plastic each year gets dumped into a plastic soup of congealed gunge that's slowly creeping it's way to our food supply. There has been an immense change in air quality and pollution in the past year, as the amount of waste in the UK has risen. Did you know that 70% of the mountains of rubbish that gets thrown in the sea is from our kitchens?

We pay at least a dozen other countries to take our waste and put it in there home like it's nothing. We don't ever consider how it might effect their lives. When I visited china last year, I went to some of the dumping grounds of plastic and all I could see for miles was plastic - cold, shiny, hard plastic.

During my time in ~~the~~ Milasia, I went to one of the house holds nearby one of the waste-lands to see how they cope. Due to the toxicity in the air that they breathe, their child, who is only an infant, has nose bleeds and struggles daily. Imagine if you were in that position, your child struggling in that environment. You would want the best for them.

If we don't turn this around, our planet will keep self-destructing and we will live like this forever. More countries will become over-populated, more money will have to be used. What really appalls me is your lack of encouragement to save our planet.

Yours faithfully, Miss Kayla Murphy

Brilliant work
Kayla!
Well done!
English
Department

6 Weeks of Summer - Activity Ideas

Look after your wellbeing this summer - choose one, two or three activities to complete each week and tick them off as you go! Share your favourite activities on social media and tag @ThriveApproach in your post.

Thrive's 6 weeks of summer

1. Nature week

Make a bird feeder. Find a toilet roll tube and cover it in peanut butter*. Roll it in bird seed until covered, and then thread a piece of string through the tube and tie a knot. It's ready to go! Hang where birds can enjoy, and you can watch them.

Use the Thrive Rainbow colour hunt and take it outside to a beach, park or your garden. Draw, write or even collect what you find.

Have a digital detox and plan a day out somewhere new to you. Your plan could include how you get there, what to take for lunch, any items you might need (walking boots for a hike, or towels for the beach). Once you've planned it, invite your friends and family.

2. Mindfulness week

Enjoy time outside and take note of what surrounds you. Notice the sounds, smells, colours and textures. How does your body feel when you are walking? Try describing this to who you are with.

Take time eating your food and appreciate the taste, texture and smell of what you're eating.

Take photos throughout the day of things you are grateful for - they can be big or small. Reflect on your pictures at the end of the day. You could ask friends and family to do the challenge too and share your pictures with each other.

3. Music week

Have a game of musical statues or musical bumps!

Make your own musical instrument. It could be a replica of a real instrument or one of your own imagination! Use items such as boxes, elastic bands, tubes, beads and string and have fun!

Create a playlist of your favourite songs. They could be songs that remind you of people, holidays, events or just songs you really like. Why not create different playlists: one for fun and dancing, one for relaxing and one for motivation.

4. Art week

Make your own paintbrushes by collecting sticks, grass, leaves and petals. Attach the grass, leaves or petals to the stick with string and away you go! Explore the different patterns and textures the paintbrushes can create.

Recreate the cover of your favourite book. Use anything from crayons to modelling clay and have some fun. Think about why this book is so special to you.

Make a tin foil sculpture. Set a time limit of 1 hour and see what you come up with. Why not invite friends and family to make their own sculptures too!

5. Sports week

Set up an obstacle course: you could jump over pillows, do a hopscotch, crawl through a tunnel or balance a ball on a racket. Or, visit a local park and use the equipment there to plan out your course.

Create your own sports day and invite friends to join in the fun. Plan sports with items you already have; balloon tennis, pillowcase race, hula hooping or mark out a long jump. Any activity that you enjoy! You could make certificates for your friends that join in.

Set yourself a target of achieving a daily step goal. See if you can beat your previous day's goal. Why not get your friends and family to join in and encourage each other to get those steps in.

6. Kindness week

Find a rock or stone and paint it with a happy message. On your next walk, leave it somewhere for someone else to find and re-hide to pass on the positive message!

Create a kindness jar; find a jar (or box or bag!), paper and pencil. When you do something nice, or someone does something nice for you, write it down and add it to the jar. When it's full, take all the pieces of paper out and enjoy reading all the acts of kindness you've shared in.

Offer to do a chore for a family member, friend or neighbour who might need some extra help.

Yay, you've completed Thrive's 6 weeks of summer! Celebrate by downloading your certificate from thriveapproach.com/resources**

*Or a peanut butter alternative of your choice
**Available from 23 August
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Let's help every child
thrive

Food Bank Donations

There is a collection box in Reception for The Beacon Food Bank. If you are able to offer your support, please bring items into Reception or ask your child to drop them off to help those in need in our community. Donation examples:

Coffee - Tea - Sugar - Rice - Pasta - Pasta Sauce - Tinned Meals - Tinned Fruit/Veg - Soup - Jam - Puddings - Squash - Cereal - Tuna - Biscuits
Long Life Milk - Custard - Cooking Sauces

Mrs Copeman, Home/School Support

Milk Bottle Top Collection

We are collecting milk bottle tops for the Solent MS Therapy Centre! Please collect and bring your bottle tops into Reception. Plastic milk bottle tops only. Thank you for your support!



Help for those living with Multiple Sclerosis





Tips & Ideas to Support Your Child's Wellbeing This Summer Holiday



Supporting your child and your own wellbeing over the summer holidays can be difficult but it is important as 6 weeks is a long time. Here are some ideas and handy tips for your family's wellbeing that you might like to try!

Ideas

- Be creative; draw, paint, make art out of recycling, photography projects on your phone.
- Learn something new; take part in the Hampshire Library Summer Reading Challenge <https://www.hants.gov.uk/librariesandarchives/kids-zone>
- Go outside; visit the local park, go on a nature hunt, visit the beach, take a picnic.
- Spend time together; play games, listen, watch movies, eat together.
- Get your children involved; create and prepare meal, choose activities together.
- Speak to your friends, family, school or a professional who is supporting your family before the holidays to find out what activities your child could access.



Handy Tips

- Create a plan, good preparation can reduce feelings of anxiety.
- Speak to friends and family for help. Share good ideas and things to do! Remember you are not on your own.
- Remember not all activities need to cost money—be creative!
- Pack a picnic this will reduce the cost and encourage healthy eating; for some lunch box inspiration visit www.nhs.uk/change4life
- Limit screen time, get children active this will help them to sleep better and connect with you and their peers.





Tips & Ideas to Support Your Child's Wellbeing This Summer Holiday



Handy Tips Continued

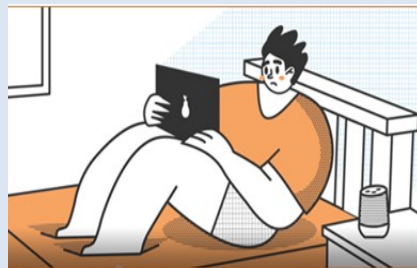
- Make sure you keep routines—bedtimes, meal times, exercise and hygiene are important for children's mental and physical health.
- Talk to your children, listen and pay attention to their emotions.
- Whatever age your child is supporting their wellbeing is important as well as looking after your own!
- If you are concerned about your child or your own mental or physical health please call **111**. Trained mental health nurses and therapists are available to give you advice.



Useful Organisations

- **Motiv8** - support for young people www.motiv8.org.uk
- **Mind** - Mental health support for the whole family www.easthantsmind.org
- **Off the Record** - Counselling and group work for young people and parents/carers, and the Havant Young Carers Project www.otr-south.org.uk
- **Kooth** - Digital Counselling www.kooth.com
- **Public Health** - Wellbeing advice www.hants.gov.uk/socialcareandhealth/publichealth

- **Hampshire CAMHS** - Mental health advice for children, young people and parent/carers
- **FISH** - Activities near to you www.fish.hants.gov.uk
- **111** - Non-urgent physical and mental health medical advice





Tips & Ideas to Support Your Child's Wellbeing This Summer Holiday



Our Family Holiday Plan

Over the Summer Holidays we will...

- 1.
- 2.
- 3.
- 4.
- 5.

Try sticking it to your fridge to keep you on track!



Young Person's Safe Haven now open

- Young people aged 11-17years living in the Havant Borough.
- Access to one-to-one, face-to-face support sessions, crisis support, self-harm/suicide safety planning, healthy coping strategies, wellbeing topics, mindfulness and signposting.
- Please book an appointment on 0300 303 1580 or email cypsafehaven@easthantsmind.org between 5-8pm Tuesday, Wednesday and Thursday. Last appointments at 7.30pm.
- We are still offering telephone support

Please note this phone line and email address will not be monitored outside of these hours.

Service delivered at The Pallant Centre, Havant. PO9 1BE.



Havant and East Hants





SUMMER 2021 FREE INCLUSIVE SESSIONS

FREE FUN & INCLUSIVE ACTIVITIES ACROSS PORTSMOUTH
FOR CHILDREN AGED 8-18 YEARS OLD.

MONDAY(S)

SKATEBOARD & SCOOTER	SOUTHSEA SKATE PARK	12:30-14:00	8-18 YRS	26 TH JULY & 2 ND , 9 TH , 16 TH , 23 RD AUG
MIXED FOOTBALL	BRANSBURY PARK	17:00-19:00	8-18 YRS	26 TH JULY & 2 ND , 9 TH , 16 TH , 23 RD AUG
GIRLS ONLY FOOTBALL	MOUNTBATTEN CENTRE 3G	17:00-18:00	8-18 YRS	26 TH JULY & 2 ND , 9 TH , 16 TH , 23 RD AUG

TUESDAYS(S)

MIXED MARTIAL ARTS	GYM01	14:00-15:00	10-18 YRS	3 RD , 10 TH , 17 TH , 24 TH , 31 ST AUG
MIXED FOOTBALL	BRANSBURY PARK	17:00-18:00	8-18 YRS	27 TH JULY & 3 RD , 10 TH , 17 TH , 24 TH , 31 ST AUG
JNR PAN DISABILITY FOOTBALL*	MOUNTBATTEN CENTRE 3G	17:00-18:00	8-16 YRS	3 RD , 10 TH , 17 TH , 31 ST AUGUST
PAN DISABILITY HOLIDAY COURSE	ST EDMUNDS SCHOOL	10:00-15:00	8-16 YRS	27 TH JULY & 24 TH AUGUST

WEDNESDAY(S)

MULTISPORTS & BOOT EXCHANGE	MILTON PARK	10:00-12:00	10-18 YRS	28 TH JULY & 4 TH , 11 TH , 18 TH , 25 TH AUG & 1 ST SEPT
MIXED FOOTBALL	MOUNTBATTEN CENTRE 3G	16:00-17:00	8-12 YRS	28 TH JULY & 4 TH , 11 TH , 18 TH , 25 TH AUG & 1 ST SEPT
GIRLS ONLY FOOTBALL	MOUNTBATTEN CENTRE 3G	16:00-17:00	8-12/13-16	28 TH JULY & 4 TH , 11 TH , 18 TH , 25 TH AUG & 1 ST SEPT
MIXED FOOTBALL	MOUNTBATTEN CENTRE 3G	17:00-18:00	13-18 YRS	28 TH JULY & 4 TH , 11 TH , 18 TH , 25 TH AUG & 1 ST SEPT

THURSDAY(S)

BEACH FOOTBALL	SOUTHSEA SAND COURT	11:00-13:00	8-18 YRS	29 TH JULY & 5 TH , 12 TH , 19 TH AUGUST & 2 ND SEPT
BOXING	HEART OF PORTSMOUTH	17:00-18:00	8-18 YRS	29 TH JULY & 5 TH , 12 TH , 19 TH AUGUST & 2 ND SEPT
INDOOR FOOTBALL/FUTSAL	JOHN POUNDS CENTRE	16:00-17:00	12-18 YRS	5 TH , 12 TH , 19 TH & 26 TH AUGUST

FRIDAY(S)

MIXED FOOTBALL	BRANSBURY PARK	17:00-19:00	8-12 YRS	30 TH JULY & 6 TH , 13 TH , 20 TH , 27 TH AUGUST & 3 RD SEPT
MIXED FOOTBALL	BRANSBURY PARK	17:00-19:00	13-18 YRS	30 TH JULY & 6 TH , 13 TH , 20 TH , 27 TH AUGUST & 3 RD SEPT
MIXED STREET FOOTBALL	OMEGA STREET	17:00-19:00	8-12 YRS	30 TH JULY & 6 TH , 13 TH , 20 TH , 27 TH AUGUST & 3 RD SEPT
MIXED STREET FOOTBALL	OMEGA STREET	17:00-19:00	13-18 YRS	30 TH JULY & 6 TH , 13 TH , 20 TH , 27 TH AUGUST & 3 RD SEPT
FEMALE CHANGEMAKERS IN FOOTBALL	MOUNTBATTEN CENTRE 3G	10:00-14:00	12-16 YRS	30 TH JULY & 13 TH , 20 TH & 3 RD SEPT

PRIORITY ACCESS IS GIVEN TO RESIDENTS WITH A PO1 TO PO4 POSTCODE.

PARTICIPANTS CAN TURN UP AND PLAY OR BOOK ON IN ADVANCE BY VISITING
WWW.POMPEYITC.CO.UK/BOOKINGS

ANY QUERIES PLEASE CONTACT
CALLUM.FOWLER@POMPEYITC.ORG.UK OR GEMMA.FREANEY@POMPEYITC.ORG.UK

MORE INFORMATION CAN BE FOUND BY FOLLOWING OUR INSTAGRAM ACCOUNTS



STREET STRONG: @SSYP2
POMPEY ITC: @POMPEYITC
PREMIER LEAGUE KICKS: @POMPEYPLKICKS

**STREET STRONG
YOUTH PROTECT**



**POLICE
& CRIME
COMMISSIONER**
Hampshire & Isle of Wight

NEW MANAGING Emotions ONE DAY COURSES

FRIENDLY SMALL GROUPS



Off The Record
South East Hampshire



1 DAY COURSE
AUGUST

AGES 11-18

THURS: 5th THURS: 19th
MON: 9th TUES: 24th

10-4

TO BOOK ⇒ CALL OR TEXT: 07709 552130
email: vickys@otr-south.org.uk

Leigh park community centre
Dunsbury way
Leigh park
Havant
PO95BG



In association with

Sainsbury's



Step 1

Visit myschoolfund.org to sign up for free and link to your child's school



Step 2

Register your credit/debit card to your account



Step 3

Spend at participating retailers



Step 4

Start receiving your eGift Cards!



We're part of the My School Fund initiative.

Together we can boost our school's budget, plus your own!

It's completely free to sign up and both you and your child's school will receive eGift Cards to be used at participating retailers based on a percentage of your spend.

Visit myschoolfund.org today!



**NATIONAL
TAEKWONDO
DAY
25.07.2021**

Sunday 25th July is National TaeKwonDo Day!

Watch and try out

Sports Hall, Warblington School, Havant

**NATIONAL
TAEKWONDO
DAY
25.07.2021**

The Olympics are about to start in Japan, and the UK has a strong TaeKwonDo team which will be taking part – including Jade Jones, who will be competing for her third Gold medal!

There is much more to TaeKwonDo than the competitive and exciting full-contact sparring sport that is featured in the Olympics. TaeKwonDo is a full modern martial art (founded 1945), based on traditional physical and mental development techniques dating back millennia. The modern aspects mean that it is both effective and fun.

TKD training includes physical fitness, mobility, body control and movement, kicking and punching techniques, combinations, set patterns of movements (Poomsae), no-contact sparring, self-defence, etc. We use focus pads to improve power and accuracy, and for those interested, protective equipment for contact sparring.

Powerhouse TaeKwonDo train regularly at Swanmore and Havant and also at Warblington School on Sunday mornings from 11:00-12:30. In conjunction with TKD Day, we are going to hold a special session for people to come and see some TKD, and give it a try on the 25th July.

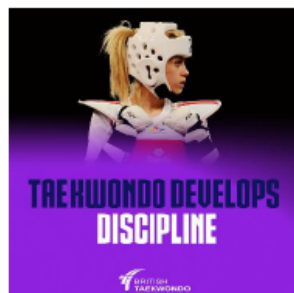
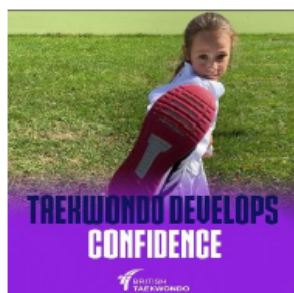
TKD is suitable for everyone from about age 7 upwards; general sports type kit is fine and we usually train barefoot. Having a drink with you is a good idea. For those just wanting to find out more we envisage a mixture of viewing and doing!

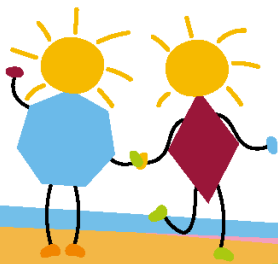
Of course, due to the Pandemic we have only been back to 'live' training for a couple of months and been limited in what we can practice by social distancing. Although legal restrictions are now relaxing, we still want to make sure we minimise any risk: either from Covid or having been less active than in normal circumstances for some time. So we are likely to split the session up into two or three parts with short breaks in between. Could we ask if anyone is intending to come along they let us know (by email: see below) so we can work out if we need to assign particular people to particular time slots, if it looks like we will get into numbers that would cause any sort of crowding. The main hall is large and we would hope there will be room for everyone to start at 11:00, and we will do and show slightly different things in each part – and of course, if you feel you have done enough then it will be easy to leave at the end of any section. Please let us know if you are likely to be along, as we really do not want to get into a situation where there will not be enough space for everyone to maintain distance and we will have to limit numbers at that point.

For people who may just want to watch, including parents (though we would point out that TKD is one of the best activities that whole families can do together) please remember the advice about face coverings: we hope and intend that there will be no crowding, but it is now all our personal responsibility to make that judgement for the benefit of everyone.

Email: pat@powerhousetkd.org.uk

Website: <http://www.powerhousetkd.org.uk/>





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places
available

These events are all
free to attend and are
primarily aimed at but
not limited to families
on free school meals.

Mon 26th July	Graffiti Art
Tues 27th July	Commercial Musical Bootcamp with UVG led by Amba Tremian
Wed 28th July	Creative Day
Thurs 29th July	Computer Xplorers
Mon 2nd Aug	Woodwork
Tues 3rd Aug	Let's Get Physical
Wed 4th Aug	Mystery Tour
Thurs 5th Aug	Escape to the Future
Mon 9th Aug	Football with Pompey in the Community
Tues 10th Aug	Creative Day
Wed 11th Aug	Bake Off
Thurs 12th Aug	Computer Xplorers
Mon 16th Aug	Commercial Musical Bootcamp with UVG led by Amba Tremian
Tues 17th Aug	Dallaglio RugbyWorks Summer Camp
Wed 18th Aug	Mystery Tour
Thurs 19th Aug	Escape to the Future

FREE!

LUNCH
INCLUDED

To book visit www.connect4.org.uk or email admin@connect4.org.uk



T: 02392 475480 E: admin@warblingtonschool.co.uk W: www.warblingtonschool.co.uk

Headteacher: Mike Hartnell



AFC Portchester U16 Ladies Open Training Sessions 16th & 23rd August

Open to school year 10&11 from September!
Whether you are looking for a new team or
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Please email james.jenkins77@me.com to
register.

